



Connections STORE & MORE

Indianhead Community Action Agency, Inc.

MAY 2018

ICAA Washburn County
608 Service Rd.
Spooner, WI.
indianheadcaa.org
(715)635-3975



Store Hours:

Tues-Fri 9am-4pm

Sat 9am-2pm

Pantry Hours:

Tues-Thurs 9am-4pm
(&3rd Sat of the month 9am-2pm)

Donation Hours

Tues-Fri 9am-4pm
Sat 9am-2pm

MAY SPECIALS

May 1st-5th

\$5 Clothing Bag Sale

May 8th-12th

BOOKS 50% OFF

May 15th-19th

Kitchen Gadgets
50% OFF

May 22-26th

Woman's Shorts
50% OFF

May 29th-June 2nd

Purple Clothing Tags
50% OFF

Be sure to "LIKE" &
check out our facebook

[https://www.facebook.com/
ICAA-Washburn-County-
Connections-Store-More-
157430897651088/](https://www.facebook.com/ICAA-Washburn-County-Connections-Store-More-157430897651088/)

WEEKEND SPECIALS!!

Be sure to stop in on
Friday & Saturdays to
check out our weekend
only specials. You never
know what kind of
treasures you might find
in our store.

FOOD PANTRY VOLUNTEERS NEEDED

Volunteers needed to help bag pantry food items and wait on customers. Our pantry is open Tues-Thurs 9am-4pm.

Please see Dawn if you are able to donate some of your time. THANKS!

GROW A ROW FOR OUR FOOD PANTRY

Planting time is soon upon us. We would greatly appreciate people to grow an extra row or even a few extra plants to donate the bounty to our ICAA Food Pantry. Many of our pantry clients are either physically unable or have no garden space. PLEASE remember us when you have an over abundance of produce so our clients can also enjoy FRESH garden produce. Thank you!

CHANGE NEEDED!

Did you know that your small change can make a big difference? It can! And it's easy! Each time you check out at a Connections store, simply tell the cashier that you want to "round up for literacy." They will round up your purchase and donate that extra change to Crossroads Literacy. Crossroads works with adults struggling because they can't read well or speak English well or need their GED. Crossroads needs your help to help them. Tell the cashier you'd like to round up for literacy. You can also make a donation by going to the ICAA website, click on the donate button and then indicate the donation is for Crossroads Literacy. THANK YOU!

NEED HELP WITH JOB SEARCH OR TRAINING COSTS?

Wisconsin Works (W-2) and /or Food Share Employment & Training (FSET) Programs may be able to help. The FSET & W2 Programs can help you: Update your resume, develop new job skills, find you a job or find you a better job, assist you in obtaining a GED/HSED, Associate's degree or Technical Certificate or help you apply for SSI.

For more info on either program call 855-792-5439.

JOB CLUB

Job clubs are held every Tuesday from 2-4pm at the FSET office in Spooner. Stop in and learn about all the new job openings and pick up some new tips and tricks. For more info contact Kayla at 715-539-6298.

**THE REMEMBER PROJECT COMES TO
Cameron, WI**

On June 19th, the Aging & Disability Resource Center of Barron, Rusk, & Washburn Counties (ADRC) presents "Steering into the Skid," a special program that helps family members, caregivers, local businesses, and the broader community talk about dementia and the most well-known form of memory loss, Alzheimer's disease. All community members are welcome to attend this free program starting at 11:30 a.m. at Mosaic Telecom, 401 S 1st St, Cameron. Limited seating available. Reserve your space by calling 715-537-6225.

"Our ultimate goal," said facilitator and actor Danette McCarthy, "is to assist community members and leaders to consider new ways to think about memory loss and to become aware of local resources that support families who are dealing with a diagnosis of dementia or Alzheimer's disease."

WIC Farmers' Market Program 2018

Many WIC families will be eligible for \$30 in Farmers' Market Nutrition Program checks this summer. Check with the local WIC office (Julie at 635-4400) to see if you qualify. This benefit is a packet of five \$6 checks that can be spent from June through October at approved farmers' markets & farm stands throughout Wisconsin. So even if you're off camping with your family in another part of the state, you could pickup some fresh fruits and vegetables to enjoy! Or stay local and check out the produce at markets and stands right here-It's a fund family activity.

THANKS!!!!

Goes out to **SHOPKO** Foundation for the \$500 donation to our Food Pantry. Donations are always greatly appreciated.

PANTRY NOTES:

Income Guidelines for the Food Assistance Program

Your family must meet the economic requirements listed to qualify for the Food Assistance Program.

Household Size	Gross Monthly Income
1	\$1,859.00
2	\$2,504.00
3	\$3,148.00
4	\$3,793.00
5	\$4,437.00
6	\$5,081.00
7	\$5,726.00
8	\$6,370.00
9	\$7,659.00

If you know of a veteran who is Homeless or about to become homeless... funding is available with our **Supportive Services For Veteran Families Grant** We are here to help... call **715-635-3975**

Come join the Nutrition Program fun!

The Washburn County Senior Nutrition Program would not be as successful without the help of the community. Nutritious meals are provided daily with the goal of making sure no senior goes hungry. The program also promotes socialization and healthy living – both contributing to "Aging Well" in our community. The Aging and Disability Resource Center is looking for individuals to volunteer some of their time to help with our growing nutrition program. We are in need for volunteers to help assist at our Rise 'N Dine breakfast program Tuesday and Thursday mornings at Economart from 7am-11 a.m., and at our Dining at 5 meals that take place at every senior center one evening per month. If you are interested, please give the ADRC office a call at 715-635-4460.