

# Connections STORE & MORE

Indianhead Community Action Agency, Inc.

DECEMBER 2017

ICAA Washburn County  
608 Service Rd.  
Spooner, WI.  
indianheadcaa.org  
(715)635-3975



## Store Hours:

Tues-Fri 9am-4pm  
Sat 9am-2pm

## Pantry Hours:

Tues-Thurs 9am-4pm  
(&3rd Sat of the month 9am-2pm)

## Donation Hours

Tues-Fri 9am-4pm  
Sat 9am-2pm

## Holiday Hours

**Closed**

December 25th, 26th  
& January 1st

So our Staff can spend the  
Holidays with friends and family.

**Happy  
Holidays!**

## **DECEMBER SPECIALS December 5th-9th \$5 Clothing Bag Sale**

Bag Sales are the 1st full week of  
each month

## **December 12th-16th**

Linens 50% OFF

## **December 19th-30th**

All Christmas Clothing  
and Décor 50% OFF.

## **BOOKS, BOOKS, BOOKS**

Books all 50% OFF in  
January 2018!

**Be sure to "LIKE" &  
check out our facebook**

[https://www.facebook.com/  
ICAA-Washburn-County-  
Connections-Store-More-  
157430897651088/](https://www.facebook.com/ICAA-Washburn-County-Connections-Store-More-157430897651088/)

**Stop in and check out all our  
Christmas decor & gifts.**

We also have

## **GIFT CERTIFICATES**

for sale so your special  
someone can pick out their  
own treasure!



## **ATTENTION FOOD PANTRY CLIENTS**

Remember you are required to bring in proof of your  
current address the first time you visit our Food Pantry in  
2018 & showing an ID to pick up still applies.

If you are new to our pantry ID for each household  
member and proof of address is required to sign up.  
During the month of January wait times may be longer  
than normal. We appreciate your patience.

## **EMBRACE**

(People, change, equality)

Professional staff and trained volunteers provide services 24 hours a day, 365 days a year to survivors of domestic and sexual violence. Embrace is also a resource for survivors' families, friends and partners who want to learn more about supporting their loved ones in a time of need.

## **NEED TO TALK?**

Contact the crisis line- Call 1-800-924-0556 or text 715-532-6976 Providing crisis intervention, supportive counseling and referrals to community resources 24 hours a day.

## WIC Eligibility Changes and Foods Added

WIC the Nutrition Education and Healthy Food Resource for your family has just gone through some program updates. Changes include:

- Most infants and children 0-5 years, pregnant, breastfeeding, and postpartum Wisconsin residents who have BadgerCare+, regardless of income will most likely qualify for WIC.
- Food offerings now include **Fruits and Vegetables**, as well as milk, eggs, bread, cereal, and much more.
- Food Benefits are added monthly to simple to use card.

If you are new to WIC or returning after being away, call the Washburn County WIC Program at 715-635-4400, to schedule an appointment, Today!

## CAREGIVER CHALLENGE SUMMIT

**January 18th, 2018**

Free Event for those interested in helping people, professional caregivers, family caregivers and employers of caregivers.

Barron County Government Center  
Auditorium, Barron WI

To RSVP or more information call ASAP  
to 715-790-1688.

Sponsored by: Growing Opportunities  
Resources, IntegriCare Assisted Living  
Communities and ICS.

## KEEP YOUR MEDICATION SAFE!

2 out of 3 people who misuse prescription drugs get them from friends or relatives.

Drop boxes are a safe, effective, and environmentally friendly way to dispose of unwanted or expired prescriptions, over-the-counter, and other unused medications.

Take them to a drop box near you.

### In Washburn Co:

- Spooner Police Department
- Washburn Co Sheriff's Department
  - Minong Village Police
- Birchwood Police Department

## **PANTRY NOTES:**

### **Income Guidelines for the Food Assistance Program**

Your family must meet the economic requirements listed to qualify for the Food Assistance Program.

Household Size	Gross Monthly Income
1	\$1,859.00
2	\$2,504.00
3	\$3,148.00
4	\$3,793.00
5	\$4,437.00
6	\$5,081.00
7	\$5,726.00
8	\$6,370.00
9	\$7,659.00

If you know of a veteran who is Homeless or about to become homeless... funding is available with our **Supportive Services For Veteran Families Grant**

We are here to help... call  
**715-635-3975**

## FREE CREDIT REPORTS

A good practice to protect your identity is to monitor your credit report.

The University of Wisconsin-Extension "**Check Your Free Credit Report: 2/2, 6/6, 10/10**" campaign makes the process of ordering and reviewing a free credit report as easy as possible. Anyone can sign up to receive an email reminder from UW-Extension 3 times a year. While you can order all 3 reports from the 3 credit bureaus-Equifax, Experian, and TransUnion- at the same time, UW-Extension recommends that you view one report every four months so you can be sure the information is up to date and accurate year-round. Visit the Check Your Free Credit Report Campaign's website at:

**<https://fyi.uwex.edu/creditreport>**