



# Connections

## STORE & MORE

Indianhead Community Action Agency, Inc.

**AUGUST 2017**

ICAA Sawyer County  
 16058 w. Hwy 63  
 Hayward, WI.  
 indianheadcaa.org  
 (715)634-5076




**Store Hours:**  
 Mon.-Fri. 10:00 to 4:00  
 Sat. 10:00 to 3:00

**Pantry Hours:**  
 Weds-Fri. 10:00 to 3:00

**Donation Hours**  
 Mon.-Fri. 10:00 to 4:00  
 Sat. 10:00 to 3:00

**AUGUST**  
**SPECIALS**  
**FIVE DOLLAR**  
**BAG SALE**  
**SAT. AUGUST**  
**5th**  
 \*\*\*\*\*  
**BUY 2 LONG SLEEVE**  
**SHIRTS get 1**  
**free**

*Girls Night Out*



**DON'T MISS OUT ON THIS FUN EVENT**  
**TUESDAY AUGUST 8TH at 5:00**  
**THERE WILL BE LOTS OF DEALS**  
**FIRST 15 CUSTOMER WILL RECEIVE A**  
**SPECIAL GIFT**



### Head Start

– Serving Burnett, Clark, Rusk, Sawyer, Taylor, and Washburn counties

– ICAA’s Head Start programs

promote school readiness by enhancing the social and cognitive development of children ages 3-5 through the provision of educational, health, nutritional, social, and other services to enrolled children and families. Head Start engages parents in their children’s learning and helps parents in making progress towards their education, literacy, and employment goals. Call 715/532/4222

– ICAA’s Weatherization

program helps homeowners and renters reduce energy consumption while increasing comfort in their own homes. This in turn improves energy affordability, making houses more affordable, as well as decreases electricity generation and resulting pollution, improving local air quality and reducing overall health effects, particularly asthma. Services include: attic and sidewall insulation, furnace repair or replacement, water heater insulation, air leakage reduction with the aid of infrared cameras and diagnostic and safety inspections. 715/532/4222



## PANTRY NOTES:

### Income Guidelines for the Food Assistance Program

Your family must meet the economic requirements listed to qualify for the Food Assistance Program.

Household Size	Gross Monthly Income
1	\$1,832.00
2	\$2,470.00
3	\$3,108.00
4	\$3,746.00
5	\$4,385.00
6	\$5,023.00
7	\$5,663.00
8	\$6,304.00
9	\$6,945.00

Your Direction for Services, Activities and Events of Interest for Residents Age 60 and Over  
 Senior Resource Center • 15856 E Fifth Street • Hayward, WI 54843 •  
[www.seniorresourcecenternorth.org](http://www.seniorresourcecenternorth.org) • 715-634-3000

## Supportive Services for Veteran Families

Funding for the Supportive Services for Veterans (SSVF) program is provided by a grant from the U.S. Department of Veteran Services.

The goal of the SSVF program is to promote housing stability among very low-income Veteran families who reside in or are transitioning to permanent housing. ICAA, Inc. will provide a range of supportive services to Veterans in the 10-county area of Ashland, Bayfield, Burnett, Clark, Douglas, Price, Rusk, Sawyer, Taylor and Washburn counties to help meet that goal management, Services include outreach, case management, and temporary financial assistance Call 715/634/5076 for more info

At Namekagon Transit it is our goal provide safe, reliable, and efficient transportation to the residents in our service area. We are available to take phone calls between 5:30 a.m. and 8:00 p.m. Monday thru Friday and we are open until 9:00 p.m.

Tel: 715-634-6633



## SAFE AT HOME

According to statistics printed in the May 2017, issue of AARP magazine, Wisconsin leads the nation in deaths related to unintentional falls. In 2012, it was estimated that locally, over 12 million dollars were spent on health care related to unintentional falls in the home, resulting in either an emergency room visit or admission into the hospital. As an Agency, we recognize the need to help keep people safe in their homes for as long as possible!

### WE CAN HELP!

At your request, a Registered Nurse can provide a Centers for Disease Control (CDC) evidence based a assessment to help determine your risk for falls in your home. Not only will the assessment help determine the risk of falls, but it will also help you determine if you need light modifications in your home

examples; grab bars, motion lights, stair treads, etc.

If light modifications are needed, we will work with our Weatherization Crew for installation. The Nurse will come back for a second visit and help review your medications to see if they may cause any risks for falls, and if needed, speak with your doctor. If you, or someone you know, may be interested in this new and innovative program, please feel free to reach out to me and we can discuss what best meets your needs.

For more info call

(715) 532-4222 email

[toni.mccutcheon@indianheadcaa.org](mailto:toni.mccutcheon@indianheadcaa.org)