



**February  
2018**

ICAA Rusk County  
500 W. 9th St. N.  
Ladysmith, WI.  
indianheadcaa.org  
(715)532-7542

# Connections STORE & MORE

Indianhead Community Action Agency, Inc.



**Store Hours:**

Monday-Friday  
10:00 A.M.– 6:00 P.M.  
Saturday  
9:00 A.M. - 3:00 P.M.

**Pantry Hours:**

Monday, Wednesday & Friday  
11:00am-4:00pm

**Donation Hours**

Monday 10am-5pm  
Tuesday 10am-5pm  
Wednesday **CLOSED**  
Thursday 10am-5pm  
Friday 10am-5pm  
Saturday 10am-2pm

**What We Need!**

We currently are in need of:

- Furniture
- Spring/Summer outdoor items
- Men's Jeans

At this time we **do not** need :

- Egg cartons
- Plastic Bags

**February Specials**

**Feb. 1st-28th**  
50% Off Orange

**Feb. 5th-10th**  
75% off all remaining Valentines Day Items

**Feb. 12th-17th**  
50% Off  
Shoes, Belts, and Purses

**Feb. 23rd**  
Mystery Sale  
10am-5:30pm

**Round Up for Literacy!**

Help support the Crossroads Literacy program. Each time you check out at a Connections store, simply tell the cashiers that you want to "round up for literacy." They will round up your purchase and donate that money to literacy.

Small change from you will make a big difference in supporting adult literacy programming in our local communities. Tell the cashier you'd like to round up for literacy. You can also make financial contribution by going to the ICAA website:  
<http://indianheadcaa.org>  
click on the donate button and then indicate the donation is for Crossroads Literacy.  
**THANK YOU!**

**Funding available for Veterans**

Funding for the Supportive Services for Veterans (SSVF) program is provided by a grant from the U.S. Department of Veterans Services.

**Who is eligible for supportive services???**

You MAY be eligible for the program if you meet all the following:

- You have ever served in the military on active duty **AND** have anything other than a dishonorable discharge **AND**
- You are low-income (less than 50% of Area Median income **AND**)
- Your are homeless (per HUD definitions) or are at imminent risk of becoming homeless.

ICAA, will provide a range of supportive services to Veterans in the six-county area of Burnett, Clark, Rusk, Sawyer, Taylor and Washburn Counties to help meet that goal.

If you, or someone you know might be right for this program please call Mary to make an appointment.  
(715) 416-1156

**Don't forget to check out our Facebook page every Thursday morning to find out what our Thrifty Thursday Special will be!**

<https://www.facebook.com/ruskcountyconnections/>

## PANTRY NOTES:

### Income Guidelines for the Food Assistance Program

Your family must meet the economic requirements listed to qualify for the Food Assistance Program.

| Household Size | Gross Monthly Income |
|----------------|----------------------|
| 1              | \$1,859.00           |
| 2              | \$2,504.00           |
| 3              | \$3,148.00           |
| 4              | \$3,793.00           |
| 5              | \$4,437.00           |
| 6              | \$5,081.00           |
| 7              | \$5,726.00           |
| 8              | \$6,370.00           |
| 9              | \$7,015.00           |

## ATTENTION FOOD PANTRY CLIENTS

Please remember you will need to bring proof of your current address the first time you visit the Food Panty in 2018. Your wait may be a little longer than normal.

We appreciate your patience.

### Are you feeling stuck in a rut?

#### Would you like a hand to help you get on the road to a better future?

- Maybe you'd like to go to college or get a job but want to read better or speak English better.
- Maybe you need help getting your GED or applying for jobs.

Crossroads Literacy can help you take any of these steps towards a better future!

Call Nancy, 715-532-1605!



Often, individuals feel they must give up their independence and move from their homes before they are ready. That is where Safe at Home comes in. Safe at Home can provide the security that you or a loved one may need to live safely in your home for as long as desired. The program helps to make this possible by providing a trained nursing staff to complete two in-home visits. During the first visit, a Registered Nurse can conduct an assessment for risks of falls in your home and recommend home modifications that can help reduce those risks. During the second visit, a nurse can help review your medications and provide Educational materials, information and referrals for additional resources if needed.

Following the in-home falls risk assessment, Safe at Home collaborates with ICAA's licensed Weatherization staff to install home modifications such as grab bars, stair railings, smoke detectors, motion lights, or other recommendations identified during your in-home assessment. "These minor modifications may be all you need to have the security and comfort of reducing the risk of falling in your home and help avoid costly emergency medical expenses," says Toni McCutcheon, Safe at Home Director. "We are excited about the possibilities this program holds to help individuals in our communities to thrive and live independently in their own homes." For more information about this program, please contact :

Toni McCutcheon at 715-532-4222



Happy Valentine's Day! Let our Transit services take you where and when you want to go! Take a RCTC Transit ride to your favorite eating place and take a friend with you for this special occasion. Don't let our snow and cold get the best of you-beat your blues! Our RCTC Transit Services will provide you with our present travel services schedule and our ride programs and trip rates. We provide you with our well trained staff, our rider friendly vehicles, and our quality Transit services! We can answer any travel questions or help you make your travel plans!

Please support the ADRC 21<sup>st</sup> ANNUAL SOUP COOK OFF at the Ladysmith Senior Center on February 3<sup>rd</sup> from 4:30 PM until 6:00 PM! They provide many of your favorite varieties of soups donated from many of our own talented organizations in Rusk County! Let's all go out to enjoy and support our local ADRC Programs! Bring a friend, the neighbor, or your whole family!

The Transit Services also has a Monthly Bus Pass available to all riders in the City of Ladysmith. The monthly cost of the bus pass for our Seniors 60 years and older and our persons with disabilities is \$30 per month and the cost for all other riders will be \$40 per month. These bus passes are for unlimited rides within the City of Ladysmith during our hours of service during the day. We also have a new County Wide Bus Pass for \$50 per month!

Transit Services are available for the City of Ladysmith residents 6:30 AM to 6:00 PM Monday thru Friday of each week. Please call if you have any questions about county wide travel or destinations. Call us for earlier times for rides to employment and medical appointments!

Our Transit Services are available in the City of Ladysmith on Saturday from 8AM until 1PM so our City residents can attend the many events scheduled around the City or just visit a friend or family member!

We also provide Transit Services for the City of Ladysmith residents to attend their Sunday Church Services from 8AM until

12PM. Your ride to the Sunday church services should be scheduled with the Transit Services at 715-532-1000 before Friday at 2:30 PM each week.

Visit our local Senior Meals Center to have that special meal with your family and friends. Take advantage of our "free ride" for our City of Ladysmith seniors to visit the Ladysmith Senior Center and noon meal site. Enjoy a great meal for \$3.25! Bring a friend or your neighbor!

On Wednesdays from 7:00 AM until 5:30 PM Gordy's County Market sponsors "free rides" for grocery shopping for our seniors 60 years and older that reside within the City of Ladysmith.

Please contact the Transit Services about our dedicated door to door Driver's Escort Program! Local volunteer drivers use their own vehicles to provide a quality service for you. Handicapped accessible vehicles are available if required.

If your organization or group would like to schedule a group bus ride please contact us at

**715-532-1000.**